No amount of alcohol is safe during pregnancy

Drinking any amount of alcohol during pregnancy can result in babies born with Fetal Alcohol Spectrum Disorders, known as FASDs. FASD is the umbrella term for a range of disorders, these can be mild or severe and can cause physical and mental birth defects.

Effects of FASD can include:
- Physical Impairments
- Learning Disabilities
- Behavioural Symptoms

Towards full-scale industrialisation and inclusive growth